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**NATIONAL FLORIDA** HILLSBOROUGH COUNTY ADULT PRIMARY CARE PRACTICES BEHAVIORAL AND MENTAL HEALTH DENTAL EATING DISORDERS **EQUIPMENT FAMILY PLANNING GLASSES GUARDIANSHIP HEALTH CLINICS** INDEPENDENT LIVING MEDICAL COVERAGE PUBLIC ASSISTANCE

SUBSTANCE ABUSE

#### **Healthy & Ready to Work National Center**

202-884-8650, www.hrtw.org A wealth of information, tools, resources, and connections to health care transition experts.

#### Institute for Child Health Policy

352-265-7220, www.hctransitions.ichp.edu Listserv, videos, training materials, and other health care transition resources.

#### **Social Security Online**

800-772-1213, 800-325-0778 (TTY)

www.ssa.gov/disability Eligibility information and application for SSI and SSDI disability benefits.

#### **National Guardianship Association**

520-881-6561, www.guardianship.org
Resources for family and professional guardians, including newsletters, conferences, and networking opportunities.

#### The Arc

301-565-3842, www.thearc.org Guardianship issues are addressed on this Web site.

#### GovBenefits.gov

800-333-4636, www.govbenefits.gov Easy-to-use, confidential online screening tool allows individuals and families to find out which federal and state government benefits they may be eligible to receive. NATIONAL

#### FLORIDA



850-245-4444

www.cms-kids.com/CMSNTransition.htm Health care transition information and resources are listed on the Florida CMS Web site.

#### Florida Public Guardianship Office

850-414-2000

www.elderaffairs.state.fl.us/doea/english/public.html Provides guardianship services to persons who cannot afford a private guardian.

#### The Advocacy Center

800-342-0823, 800-346-4127 (TDD)

www.advocacycenter.org

Protection and advocacy organization for individuals with disabilities.

#### **Clearinghouse on Disability Information**

877-232-4986 (Toll Free Voice/TTY)

www.abilityforum.com

Statewide listing of information and resources for persons with disabilities or long-term illness.

#### Florida Agency for Health Care Administration

888-419-3456, www.fdhc.state.fl.us

Information, questions, office locations, and eligibility guidelines for Medicaid. Health care advance directive forms can be downloaded from the Web site.

#### Florida Agency for Persons with Disabilities

(formerly Developmental Disabilities Program) 813-558-5540 (Suncoast Region office), www.apd.myflorida.com Assists people with developmental disabilities and their families to secure supports and services.

#### **Family Care Council**

850-414-6558 (State APD liaison office), www.fccflorida.org

Provides information and outreach to developmentally disabled self-advocates and families.

#### **Family Network on Disabilities of Florida**

The Tiles Project, 800-825-5736, www.fndfl.org/tiles.htm Statewide family support and disability resource network; the Tiles Project addresses transition, independent living, and employment issues.

#### Florida Institute for Family Involvement

877-926-3514 (toll free), www.fifionline.org

Family-to-Family Health Information and Education Center assists families of children with special health care needs navigate health systems in their communities and state.

#### Florida Developmental Disabilities Council

800-580-7801, www.fddc.org

Assists persons with disabilities in Florida by planning and funding research, innovations, and programs designed to improve the quality of their lives.



#### Selim Benbadis, MD William O. Tatum, IV, DO

USF Department of Neurology TGH Comprehensive Epilepsy Center 2 Columbia Dr. Tampa FL, 33606 813-844-7900 For adults with neorological deficits including seizure disorders and developmental disabilities.

ADULT PRIMARY CARE & SPECIALISTS

#### Hillsborough Health Care

A comprehensive health program that provides medical care and prescriptions for adult residents with limited income and assets who do not qualify for any other health care coverage. For comprehensive additional information call 813-272-5555.

#### Tampa General Hospital (TGH)

**Outpatient Adult Primary Care and Specialty Clinics:** 

Family Care Center Kennedy - 2501 W. Kennedy Blvd., Tampa, FL

Info line: 813-844-1385 • Appointments: 813-236-5350

Family Care Center at HealthPark - 5802 N. 30th Street, Tampa, FL

Info line: 813-236-5300 • Appointments: 813-236-5350

Genesis (OB/GYN) at HealthPark - 5802 N. 30th Street, Tampa, FL

Info line: 813-236-5100 • Appointments: 813-236-5150

The Specialty Center at HealthPark - 5802 N. 30th Street, Tampa, FL

Info line: 813-236-5200 • Appointments: 813-236-5250

#### John McCormick, MD

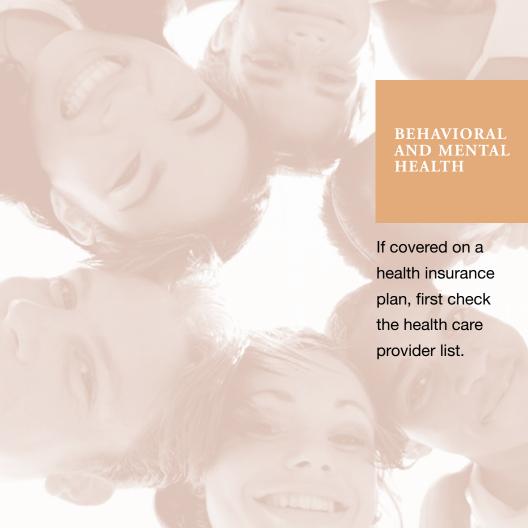
USF Health Internal Medicine Resident Clinic 2 Tampa General Circle Tampa, FL 33606 813-259-8700

Kenneth Martin, DO Consult Care, Inc.

1202 Tech Blvd. Tampa, FL Suite 100 813-620-0026

Nurse practitioners (ARNPs) who provide on-site primary care services to adults with disabilities at assisted living facilities, adult day programs, and other group settings. Accepts Medicaid/Medipass.

These physicians provide primary care only. A further list of adult specialists provided is available online at *usfpeds.hsc.usf.edu/adolescent*.





#### Charles Walker, M.D. (psychiatrist)

Memorial Hospital 2901 Swann Avenue Tampa, Florida 33609 813-873-6400

Expertise in treating adults with developmental disabilities

#### Mental Health Care (MHC)

5707 N. 22nd Street

Tampa, FL 33610 (locations also in Plant City and Ruskin) 813-272-2244

Community mental health services include outpatient family and individual counseling, adult day treatment, and residential programs. Uses a sliding fee scale based on income; accepts Medicaid/ Medipass and other insurance. Medicaid acceptance based on zip code; divided between MHC and Northside Mental Health.

#### **Northside Mental Health**

12512 Bruce B. Downs Blvd. Tampa, FL 33612

813-977-8700

Services include outpatient family and individual counseling, adult residential programs. Uses a sliding fee scale based on income; accepts Medicaid/Medipass, and other insurance.

#### Family Service Association of Greater Tampa, Inc.

407 N. Parsons Ave. Suite 104 A, Brandon, FL 33510, 813-689-8499 5800 N. Nebraska Ave., Tampa, FL 33604, 813-238-3727 Individual, family, marriage, and group counseling. Uses a sliding fee scale.

#### **Catholic Charities REACH**

705 E. Brandon Blvd., Brandon, FL 33511, 813-689-2289 702 E. Alsobrook, Plant City, FL 33566, 813-757-3871 3224 San Jose Mission Dr., Dover, FL 33527, 813-757-9466 1107 US Hwy. 41 N., Ruskin, FL 33570, 813-671-5250 Individual, couple, and family counseling. No fee.

## Children's Home, Inc. Family Preservation Project

7520 W. Water Ave. Suite 18 Tampa, FL 33615 813-884-6466

Family outpatient counseling for families with children who are 18 years or younger. Uses a sliding fee scale.

#### **Child and Family Counseling**

9620 Bay Plaza Blvd. Suite 505, Tampa, FL 33619, 813-744-5953 207 Beach Place, Tampa, FL 33606, 813-272-6606 3105 W. Waters Ave. Suite 101, Tampa, FL 33614, 813-903-3455 Services for children 5-18 years of age, including family and individual counseling. No fee



#### **Centre For Women**

305 S. Hyde Park Ave., Tampa, FL 33606, 813-251-8437

Offers several programs for teen girls and adult women including counseling, job placement assistance, and employment skills training; provides substance abuse treatment. Uses a sliding fee scale.



#### William Gill, DDS

2509 W. Crest Avenue, Suite 1 Tampa, FL 33614 813-872-7909

Accepts adults who have developmental disabilities in the Medicaid Waiver Program.

#### Gerald Boza, DDS, and Gloria Boza, DDS

2600/2602 W. Sligh Ave. Tampa, FL 33614

813-932-9178

Accepts adults with developmental disabilities in the Medicaid Waiver Program.

### Andrew Powless, DMD Florida Special Care Dentistry

1 Davis Blvd. #103 Tampa, FL 33606 813-251-2314

Specializes in dental care for teens and adults with disabilities. Adults who have disabilities must have private insurance or self-pay; does not accept Medicaid Waiver for persons older than 21 years.

#### W. Edward Gonzalez, DMD, PA Pediatric Dental Center

517 Corner St., Brandon, FL 33511, 813-685-0804 1540 S. Dale Mabry Hwy., Tampa, FL 33629, 813-254-8457 Accepts adults with developmental disabilities in the Medicaid Waiver Program.

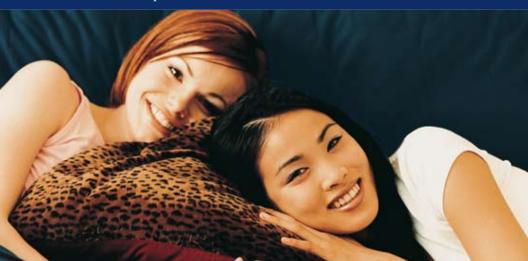
#### **Thomas Yoho, DDS**

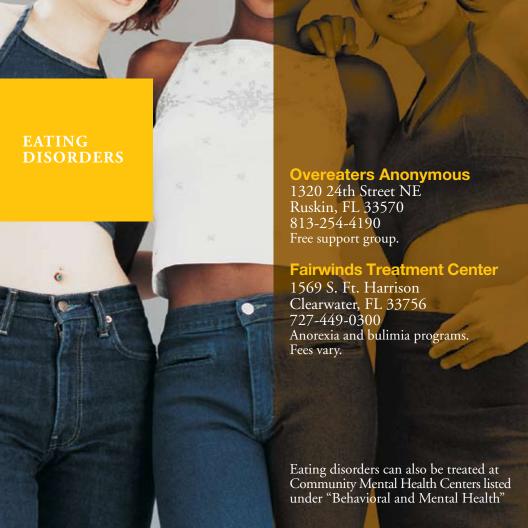
5811 E. Broadway Ave. Tampa, FL 33619 813-623-1014 Serves children and adults with disabilities; does not accept Medicaid or Medicaid Waiver.

#### **Dental Research Clinic**

2010 E. Hillsborough Avenue Tampa, FL 33610 813-238-7725 Routine dental care and preventive care based on income eligibility.

Dental services are also provided at several of the clinics listed under "Health Clinics"







#### **EQUIPMENT**

# Florida Alliance for Assistive Services and Technology (FAAST)

Tampa General Rehabilitation Center Room 214 (Davis Islands) Tampa, FL 33602 813-844-7591, 813-844-7767 (TDD) www.faast.org

Assistive technology products and services that help persons with disabilities participate in independent living, education, work, and recreation.

#### FAMILY **PLANNING**

### **Hillsborough County Health Department**See listings under "Health Clinics"

#### **Planned Parenthood**

8068 N. 56th Street Tampa, FL 33617 813-980-3555



### **Lion's Sight Fund**

813 E. Bloomingdale Avenue #113 Brandon, FL 33607 813-651-1010 Vision screening and eye glasses. Free to low income individuals; must complete an application.

# Prescription Assistance Programs

Most drug companies offer some type of prescription assistance program to patients who use their products. It is usually short term, designed to fill the gap until another funding source is identified. Typically, the physician is required to sign a form. Required information can often be found on the manufacturer's Web site on the Internet.

GLASSES

#### GUARDIANSHIP & HEALTH CARE DIRECTIVES

#### **Bay Area Legal Services**

Main Office: Riverbrook Professional Center 829 W. MLK Blvd., 2nd floor Tampa, FL 33603 813-232-1222

Wimauma office: 813-634-6044 Plant City office: 813-752-1335

Legal services for eligible low income families and young adults. Services for guardianship based on financial need and age.

### Florida Kinship Center USF School of Social Work

4202 East Fowler Avenue, MGY 132 Tampa, FL 33620 813-974-1328 or Toll free in Florida 800-640-6444 Provides services for grandparents or other relatives raising children, including low cost legal services for guardianship.

#### **Scott Barnett**

234 Davis Blvd. E.
Tampa, FL 33606
813-251-3330
Experience in working with individuals who have developmental disabilities; private practice.

#### **Wade Wetherington**

400 N. Tampa St., Suite 2625
Tampa, FL 33602
813-225-1918
Experience in working with individuals who have developmental disabilities; private practice.

#### **The Advocacy Center**

1000 N. Ashley Drive, Suite 513
Tampa, FL 33602
813-233-2920, Toll Free 866-875-1794, TDD 866-875-1837
www.advocacycenter.org
Information and referral (only) to individuals with disabilities.
Advocacy Center staff do not provide legal services for guardianship, but will provide a referral to a qualified local attorney.

#### **Gerald Hemness**

205 North Parson Ave. Brandon, FL 33510 813-661-5297 Experience in working with individuals who have developmental disabilities; private practice.



#### Florida Agency for Health Care Administration

2727 Mahan Drive

Tallahassee, FL 32308

888-419-3456 (toll free)

www.fdhc.state.fl.us/mchq/health\_facility\_regulation/hc\_advance\_directives/ Download information and forms for health care advance directives.

#### 5 Wishes

888-5-WISHES (888-594-7437)

www.agingwithdignity.org/5wishes.html

An easy-to-use advance directive, 5 Wishes is unique because it looks to all of a person's needs: medical, personal, emotional and spiritual. It can be ordered from the non-profit agency, Aging with Dignity.

#### **Judeo Christian Clinic**

4120 N. MacDill Avenue Tampa, FL 33607 813-870-0395

Limited dental services (simple extractions), health services, eye exams. Adults who are over income for the Hillsborough County Healthcare Plan, but have no medical coverage are eligible to receive services.

#### **Brandon Outreach Center**

517 N. Parsons Avenue Brandon, FL 33510 813-654-1388

Free medical care and pharmacy services for adults who have no medical insurance and meet financial guidelines.

### Tampa Community Health Centers

1224 # 131st Avenue (main location) Tampa, FL 33612

813-866-0930

Medical and dental services using a sliding fee scale that is based on income.

#### HEALTH CLINICS

These clinics provide a variety of medical and dental services to low income families.

#### **Women of Wellness**

1105 E. Kennedy Blvd. Tampa, FL 33675 813-307-8000

Clinical breast exams and mammograms, pelvic exams, and pap tests. Sliding fee based on income; appropriate for low-income, uninsured or partially insured women.



#### **Suncoast Community Health Centers**

2814 14th Ave. SE, Ruskin, FL 33570, 813-349-7800 14618 SR 574, Dover, FL 33527, 813-659-0406 508 N. Maryland Avenue, Plant City, FL 33566, 813-727-8477 Basic medical services and some dental services. Uses a sliding fee scale based on income; also accepts Medicaid and other insurance.

#### Hillsborough County Health Department

OB/GYN services, family planning, free insulin to income-eligible patients. Uses a sliding fee scale based on income; also accepts Medicaid. Clinic locations:



#### College Hill 2313 E. 28th Avenue Tampa, FL 33605 813-307-4990

#### Joyce Ely/Ruskin 205 14th Ave. SE, Ruskin, FL 33570 813-307-8056

#### **North Hills** 9827 N. Sheldon Road Tampa, FL 33635 813-307-8053

#### **Plant City** 302 N. Michigan Ave., Ste. 15 Plant City, FL 33565 813-307-8057

#### Kelton

4420 Montgomery Ave. Tampa, FL 33616 813-272-7172

### Sulphur Springs 8605 N. Mitchell Ave.

Tampa, FL 33604 813-307-8054

### West Tampa

2103 N. Rome Ave. Tampa, FL 33607 813-307-8058

#### Genesis Women's and Children's Center

5802 N. 30th Street Tampa, FL 33610 813-236-5102 Maternity care. Uses a sliding fee scale based on income; will assess for financial eligibility.

#### **Tampa Bay Aids Network**

7402 N. 56th Street, Bldg. 101 Tampa, FL 33617 813-914-8888 Free HIV counseling and testing.

# **USF Adolescent/Young Adult Program Diane Straub, MD**

2 Tampa General Circle Tampa, FL 33606 813-259-8700

Health care and transition services for adolescents and young adults from 11 years to 21 years (only). The program is supervised by a USF faculty attending physician who specializes in adolescent medicine, and includes a nurse manager and social worker to assist youth with chronic conditions. Provides assessment of psychosocial needs, case planning, counseling, and coordination of services outside of the clinic (such as the school system). Provides acute and well-health primary care services; family planning, diagnosis and treatment of sexually transmitted diseases; and referrals to appropriate adult providers. Fees vary, including self-pay, Medicaid, and other insurance.



8901 North Armenia Avenue Tampa, FL 33604 813-375-3965

Plant City office: 813-707-7328

www.self-reliance.org
Assists individuals with disabilities to live as independently as possible; services provided at no cost, including help with housing, job readiness, equipment, transportation, counseling, recreational and social opportunities.

#### **Achieve Tampa Bay**

2215 E. Henry Avenue Tampa, Florida 33610 813-239-1179 or toll free 800-749-5155 www.achievetampabay.org Services for adults and children with disabilities include respite care, homecare, supported living, therapy, and employment training.

#### **INDEPENDENT LIVING**

#### Hillsborough Association for Retarded Citizens (HARC)

2714 W. Kirby St., Tampa, FL 33614, 813-931-9100 10802 Hackney Dr., Riverview, FL 33569, 813-671-2271 www.hillsarc.com

Services for youth and adults with developmental disabilities include adult work services, supported employment, residential sites, transportation, recreational and social activities, and behavioral assessment

#### **MacDonald Training Center, Inc.**

5420 W. Cypress St., Tampa FL 33607 813-870-1300, TDD 813-873-7631 James Ranch Campus, 72902 N. Cork Rd., Plant City,

813-752-6508

www.macdonaldcenter.org

Services for individuals with developmental disabilities include supported employment coaching, day services, health training, and transportation.

#### Hillsborough County Healthcare Plan

601 E. Kennedy Blvd. (main office) Tampa, FL 33601 813-272-5555

Health care and prescription coverage for adults who are income eligible, over 18 years old, and are residents of Hillsborough County; for low-income adults with no medical coverage.

Medically Needy Program
Based on income eligibility. Participants have a shareof-cost they must meet each month; once that is met, they have Medicaid for the rest of the month. Applications are available at local Medicaid offices (see Medicaid listing under "Public Assistance").

#### MEDICAL COVERAGE

#### PUBLIC ASSISTANCE

All programs have income, age, and/or medical eligibility guidelines

#### **Social Security Administration**

14497 N. Dale Mabry Hwy., #120, Tampa, FL 33618 3415 Frontage Road East, Tampa, FL 33607 1947 State Road 60 East, Valrico, FL 33594 800-772-1213 Questions and application for SSDI or SSI.

#### Abilities of Florida/Social Security Benefits Planning, Assistance, and Outreach (BPA0)

813-930-7644 or 727-538-7370, ext. 365 Free service that assists individuals who receive SSDI/SSI learn about work incentives, cash benefits, and health care coverage.

#### Medicaid

6800 N. Dale Mabry Hwy., Suite 220 Tampa, Florida 33614 813-871-7600 or 800-226-2316 Answers questions, provides application, and gives referrals for Medicaid programs. Questions can also be answered by the Department of Children and Families by calling Sue Eisenhard at 813-558-5687.

#### **Vocational Rehabilitation Services**

1313 North Tampa Street, Suite 801 (District office) Tampa, FL 33607-6200 813-233-3600 http://rehabworks.org
Answers questions and provides application for services that help individuals with disabilities obtain and keep employment.

#### **Agency for Persons with Disabilities**

(formerly Developmental Disabilities Program)
Suncoast Region
9393 N. Florida Ave.
Tampa, FL 33612
813-558-5540
http://apd.myflorida.com/about\_us/appli\_ser.pdf

(links directly to application)
Questions and application for services that help persons with
developmental disabilities to live, work, and play in places they choose;
may apply online.

#### **Hillsborough County Assistance**

601 E. Kennedy Blvd. Tampa, FL 33601 813-272-5555

Assists eligible persons in emergency situations with food, supplies, and/or financial support.

#### SUBSTANCE ABUSE

# Agency for Community Treatment Services (ACTS)

Adult and Youth Outpatient Services 1815 W. Sligh Avenue Tampa, FL 33604 813-933-8259

Non-residential treatment and assessment for individuals affected by alcohol/drug abuse or addiction. Also provides individual, group, and family counseling for youth with substance abuse problems. Uses a sliding fee scale.

#### Detoxification Services for Adults (also run by ACTS)

**6**806 N. Nebraska Ave., Tampa, FL 33604 813-238-9505 Uses a sliding fee scale.

### **Drug Abuse Comprehensive Coordinating Office (DACCO)**

1920 E. Hillsborough Avenue Tampa, FL 33610 813-984-0909

Comprehensive array of substance abuse prevention, intervention, and treatment services. Offers Employee Assistance Program (EAP). Uses a sliding fee scale.

#### **Outpatient offices:**

1308 Larrick Lane, Plant City, FL 33565, 813-752-6960 7402 N. 56th Street, Suite 500, Tampa, FL 33617, 813-984-1502

#### **Centre For Women**

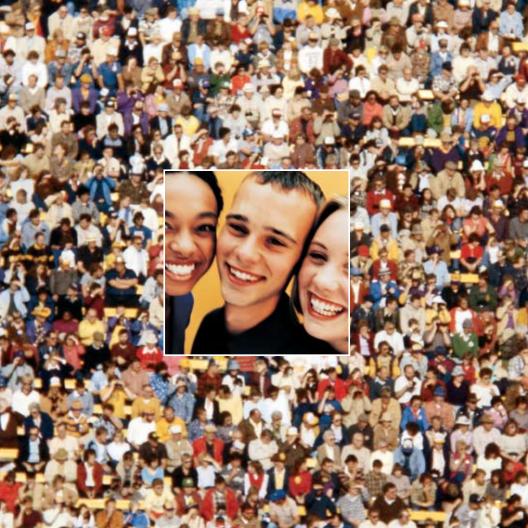
Listed under "Behavioral and Mental Health"
Substance abuse evaluation and treatment for women.

#### Florida Developmental Disabilities Council, Inc.

This guide was commissioned, funded, and sponsored by the Florida Developmental Disabilities Council, Incorporated, and produced through funding provided by the U.S. Department of Health and Human Services, Administration for Developmental Disabilities. It was developed in collaboration with the University of South Florida College of Medicine, Children's Medical Services, and other community-based organizations in Hillsborough County, FL. Special acknowledgement is extended to the Maternal and Child Health Bureau, Healthy & Ready to Work National Center, and the Institute for Child Health Policy at the University of Florida, for their valuable contributions as technical advisors on the project.

For more information or to request additional copies of the guide, please contact the University of South Florida College of Medicine, Department of Pediatrics, at 813-259-8758. The guide may also be accessed online at http://usfpeds.hsc.usf.edu/adolescent.







HILLSBOROUGH COUNTY
INFORMATION & RESOURCE GUIDE

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